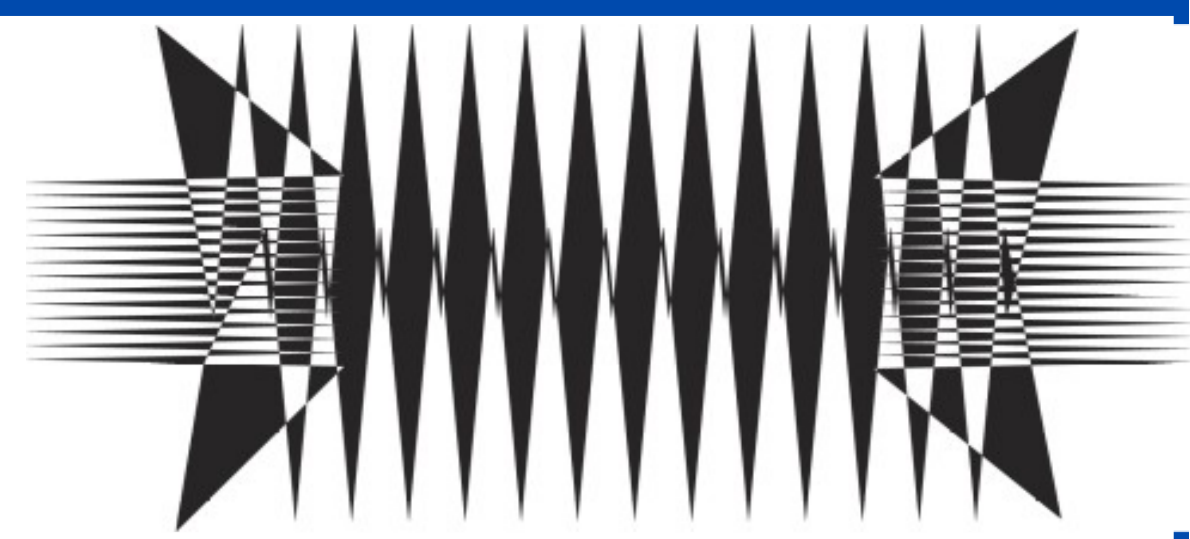


APRIL 2023

NEWSLETTER

Middletown Rancheria



MAY 6TH. 2023

GENERAL COUNCIL MEETING

Location: Event Center & Hybrid at 10am

<https://middletownrancheria-nsn.gov/>



Election Committee

UPCOMING NOMINATIONS

At the regularly scheduled General Council meeting on Saturday, May 6, 2023, Nominations will be taken from the floor for the following positions:

- 1) **TRIBAL VICE CHAIRPERSON**
- 2) **TRIBAL TREASURER**
- 3) **GAMING REGULATOR**

NOMINATIONS



ELECTION DATE

On Friday, June 23, 2023, the Election will take place at the Middletown Rancheria. Polls will be open from 10:00am to 6:00pm.

**Middletown Rancheria
Tribal Office Staff Anniversary's**

**Randall Cole
Behavior Health Coordinator**

1 yr

Boys & Girls Club

Middletown Youth Center is moving closer to opening.

1. This week I will start my journey with the Boys & Girls clubs of America.

2. Middletown Youth Center will be hosting a 3 day event called Digital Storytelling. April 10th-April 12th. Details will be on flyers at the Tribal office & in newsletter.

3. Middletown Youth Center will be hosting a meeting with the 6 tribes on May 18th regarding the Health Wellness Council. Once a month.

4. I signed up with the Lake county tribal health gardening team. We will be planting vegetables and fruit in which we will provide our elders and youth with healthy choices.

5. Looking forward to meeting with parents and kids to hear ideas.

-Shaun Sims

BGC Program Director



BEHIND-THE- SCENES LOOK AT PUPPING SEASON



Join the EPA
Department for a day
full of fun and see
live sea lion pupping!

April 13th, 2023

@11:30

Youth Center

Presented VIA Zoom by
The Marine Mammal
Center

Middletown Rancheria
of Pomo Indians of California

Schedule for the Day:

- Meet Environmental Scientists
with Lunch
- Pupping Webinar
- Creek Trip with the
Environmental Department

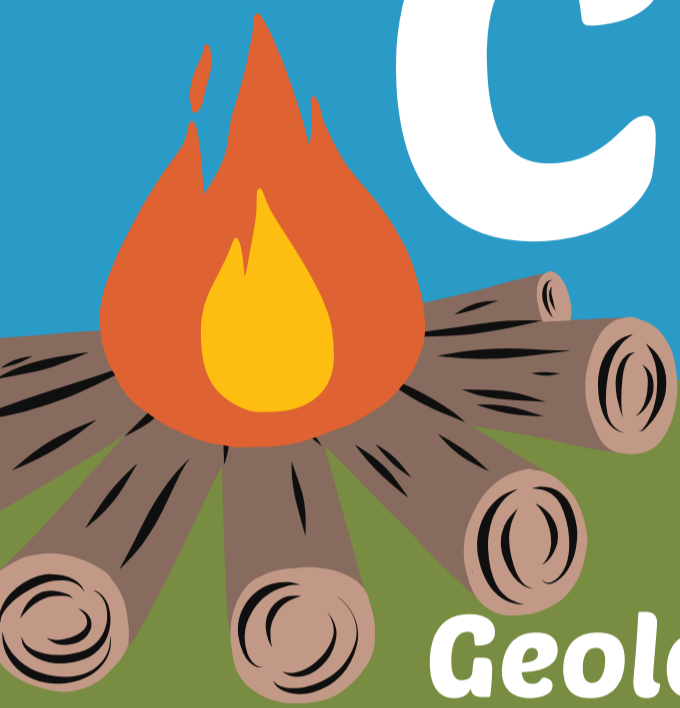
Find out about career opportunities and
summer-time jobs!

Questions?

mshaver@middletownrancheria.com

"Funding possible by BIA: Tribal Youth Initiative (TYI) Program to promote native youth interest in natural resources management, including career opportunities in natural resources."

YOUTH 5-DAY SUMMER CAMP



Geological timeline hike
Native plants and animals
Bale Crist Mill Operation and
Demonstration

Funding possible by BIA: Tribal Youth Initiative (TYI) Program to promote native youth interest in natural resources management, including career opportunities in natural resources.

JULY 10TH-15TH

MIDDLETOWN RANCHERIA ENVIRONMENTAL DEPT. IS PARTNERING WITH A NATURALIST TEAM FROM NAPA COUNTY REGIONAL PARK TO HOST A 5- DAY SUMMER CAMP.

ATTENDEES CAN STAY FOR THE ENTIRE WEEK OR ATTEND DAILY .

PLEASE LET US KNOW HOW MANY ADULTS AND CHILDREN WILL BE ATTENDING

Bothe- Napa State Park

3801 St. Helena Highway
Calistoga, CA 94515

Meals will be provided
Camping gear available by request



Please Contact Amy to RSVP or for more information

abailey@middletownrancheria.com

Planning Fall 2023 weekend campout @ Mackerricher State Park



Native Youth art contest

Open to Native Youth who reside in Lake County and Native Youth of the Local 6 Tribes.



This Year's Theme: My Goals for Healthy Living in 2023

Create an art piece that will inspire your friends and family on how living a healthy lifestyle will make a difference. What amazing things can you do if you and your family commit to living a healthier lifestyle?

DETAILS PRIZES

REGISTER BY MARCH 10TH

All registered participants will receive an art supply toolkit and artwork rules.

ARTWORK SUBMISSION DEADLINE

April 7, 2023

WINNER'S ANNOUNCED

April 14, 2023

1 WINNER PER AGE RANGE

HIGH SCHOOLER

\$100 gift card to Big Five Sporting Goods

MIDDLE SCHOOLER

Youth basketball hoop & basketball

ELEMENTARY SCHOOL

Youth bicycle and helmet

TO REGISTER CONTACT YARELY DOMINGUEZ AT: (707) 263-8382 ext. 1620 or ydominguez@lcthc.org



Lake County Tribal Health

707-263-8382
1-800-750-7181

Modern Medicine  Personalized Care

925 Bevins Ct., Lakeport
www.lcthc.com

Tobacco Education Day

- > To bring awareness to LCTHC patients in your area of services and education available to Middletown Rancheria
- > To see if an 8-week Tobacco Cessation Workshop, has enough people to do the workshop at Middletown Rancheria
- > Offer individual assessments, and talk about the need for individual sessions (via ZOOM, Phone, or in-person)
 - > Refreshments will be provided

Dates and times

- > April 12th 11am-2pm

This will be the time to sign up for tobacco services to increase your wellness. Hope to see many of you there!



**STOP
ADDICTION**

Stephanie Hoover, BSP, ICADC II

Stephanie Hoover

CCAPP Cert #Aii30140718

shoover@lcthc.org

Tobacco Health Educator Specialist

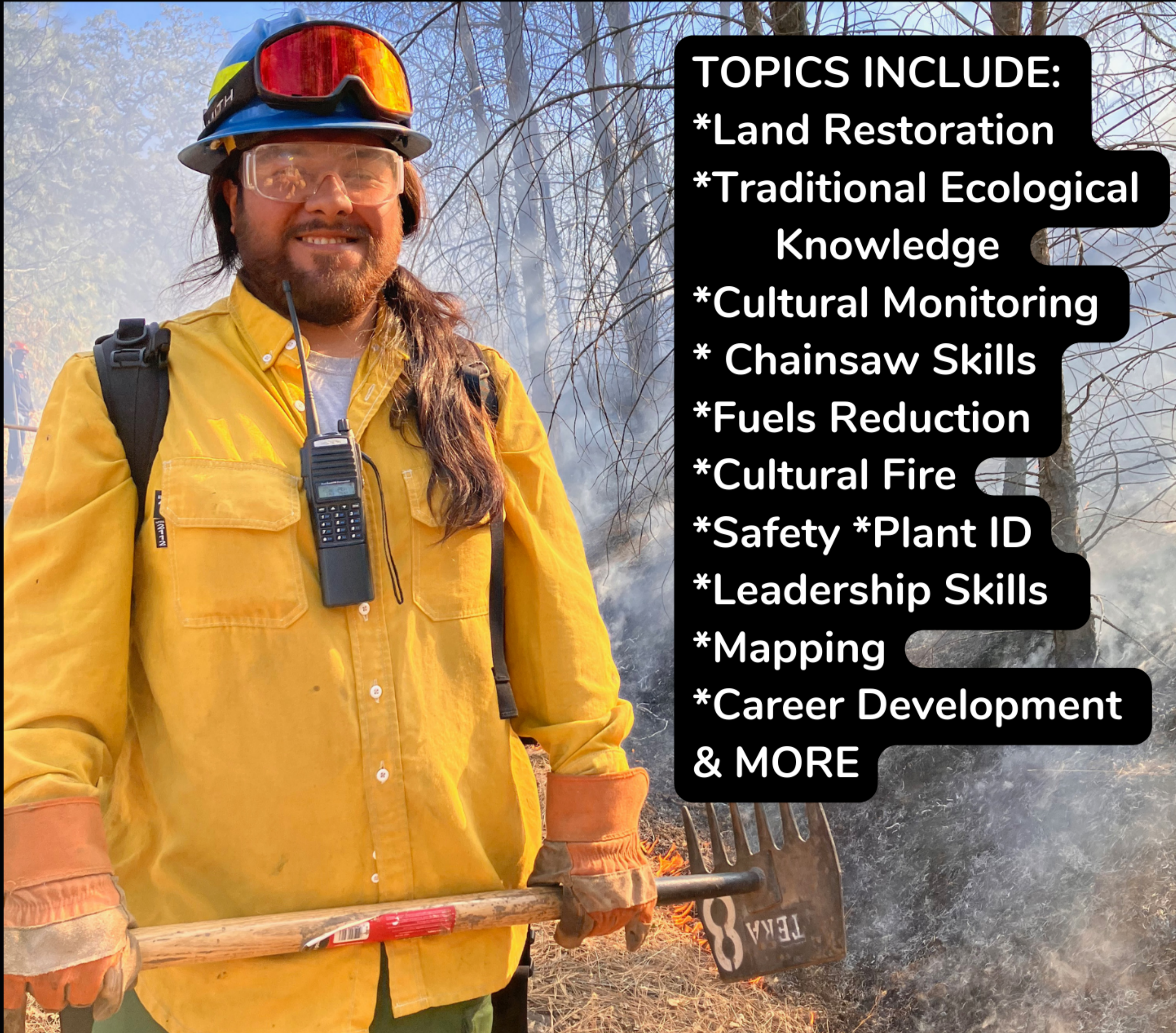
Lake County Tribal Health Consortium, Inc.

925 Bevins Ct.

Lakeport, CA 95453

707-263-8382 Ex. 1634

TRIBAL ECORESTORATION ALLIANCE (TERA) NATIVE STEWARDS FELLOWSHIP



- TOPICS INCLUDE:**
- *Land Restoration
 - *Traditional Ecological Knowledge
 - *Cultural Monitoring
 - * Chainsaw Skills
 - *Fuels Reduction
 - *Cultural Fire
 - *Safety *Plant ID
 - *Leadership Skills
 - *Mapping
 - *Career Development
& MORE

April 10 - May 5, 2023
Monday - Thursday; 8:30am - 4pm
Various Locations in Lake County, CA

Stipends Available * Applications Due March 6th

For More Info & To Register Visit

WWW.TRIBALECORESTORATION.ORG

or call 707-278-8019



SUSANVILLE ALL-INDIAN MEN'S & WOMEN'S BASKETBALL TOURNAMENT

APRIL 14TH — 16TH 2023

TAKING PLACE AT

SUSANVILLE INDIAN RANCHERIA
845 JAOQUIN ST.
SUSANVILLE, CA 96130

HOSTED BY

DIAMOND MOUNTAIN CASINO
900 SKYLINE RD.
SUSANVILLE, CA 96130

SATURDAY
7:00 AM- 11:00 AM
**FREE PLAYER
BREAKFAST**

1-877-319-8514

RESERVATION DEADLINE

MARCH 31ST

ENTRY FEE — \$400

DEADLINE — MARCH 31ST

\$450 AFTER DEADLINE

— NON-REFUNDABLE —

PAYMENT CAN BE MAILED TO

699-105 YAH-MONEE DR.
SUSANVILLE, CA 96130

**CASHIER'S CHECK OR
MONEY ORDER ACCEPTED**

MAKE PAYMENT OUT TO
SUSANVILLE ALL-INDIAN BASKETBALL TOURNAMENT

NO PERSONAL CHECKS

SPONSORED BY



CONTACT INFO | **CURTIS DIXON**
530.310.1543 — CURTIS_12_@LIVE.COM

VENDORS CONTACT | **ASHLEY KRACHE** - (530)251-6382
OR **TONI AGUILAR** - (530)260-0299

YOUTH DIGITAL STORYTELLING

3-Day Workshop for Middletown Youth

Monday–Wednesday April 10th, 11th, and 12th, 9:00 am–4:00 pm
AT: MIDDLETOWN RANCHERIA YOUTH CENTER, 21167 CALISTOGA RD., MIDDLETOWN, CA
Breakfast, lunch and snacks provided

All Youth have a VOICE and the right to share it. Your Story MATTERS because you are WORTHY. What would you like to share?

Digital Storytelling gives you a unique opportunity to use your voice YOUR story through digital media. This workshop will be guided by a trained facilitator who will help you create a visual story whatever your digital/computer knowledge may be.

FOR QUESTIONS OR TO REGISTER, CONTACT:
Yarely Dominguez at 707-263-8382 x1620, or
Virginia Tapia at 707-263-8382, x1616



FACILITATION PROVIDED BY KYLE BILL
FROM KONOQOTI, NATIVE WELLNESS INC.



Lake County Tribal Health

707-263-8382
1-800-750-7181

Modern Medicine  Personalized Care

1950 Parallel Dr., Lakeport
www.lcthc.com

MIDDLETOWN RANCHERIA IHBG PROGRAMS

() 2023/1-1 MTRHD New Construction of Home buyer Unit

() 2023/1-2 MTRHD Housing Rehabilitation Assistance Program

() 2023/1-3 MTRHD Housing Temporary Rental Payment Assistance Program

() 2023/1-4 MTRHD Emergency Housing Assistance Program

() 2023/1-6 MTRHD Home Buyer Assistance Program
Low-Income

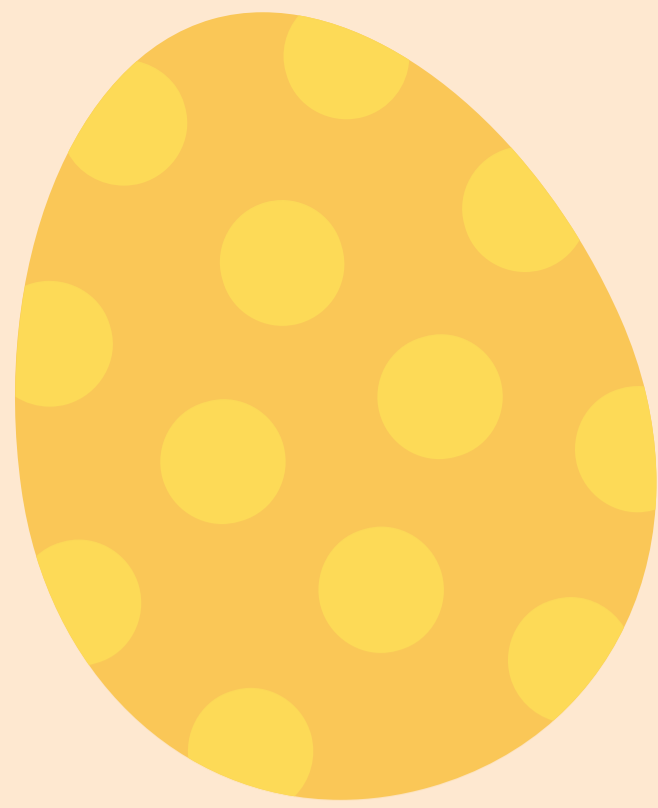
() 2023/1-7 MTRHD Home Buyer Assistance Program
Non Low-Income

*please call the
tribal office with
any questions you
may have.*

707-987-3670

dfinley@middletownrancheria.com





EASTER

EGG HUNT

SATURDAY, APRIL

8TH

1PM- 3:30PM

EGG HUNT, FOOD AND DRINKS, JUMPY HOUSE AND EASTER BASKETS!

