

Vol.8 | AUGUST, 2022

# Newsletter



02

01

General Council Meeting



SEPTEMBER 10, 2022

Welcome  
Scott Lindsey  
Tribal Maintenance



PLEASE EMAIL MTR MAINTENANCE AT  
[MAINT@MIDDLETOWNRANCHERIA.COM](mailto:MAINT@MIDDLETOWNRANCHERIA.COM)  
TO CREATE A TICKET FOR ASSITANCE.

## MTR MAINTENANCE

A **Dump trail** is available for Tribal Members to use. please email or call the Tribal Office at 707-987-3670

**WOOD CHIPPING** ASSITANCE IS AVAILABLE  
PLEASE CALL THE TRIBAL OFFICE TO ADD YOUR NAME TO THE LIST.

MIDDLETOWN RANCHERIA

# River of Life Contest

A Family Paint Night Exercise and Friendly  
Competition

**PHASE 1 :AUGUST 26TH, 2022**

**PHASE 2 :SEPTEMBER 23RD,2022**

**6 PM - 8 PM**

**MIDDLETOWN RANCHERIA YOUTH CENTER**

This event is for parents and their children working together to  
create a greater bond with one another.

Provided by Middletown Rancheria Behavioral Health Services



**Randall Cole**  
**BEHAVIORAL HEALTH COORDINATOR**

*Please Call  
or  
Email*

To schedule an Appointment

see other side for available hours

707-415-9026

If you are not sure if I  
can assist you, please  
do not hesitate to  
reach out and ask  
questions!

I can help!

**Conflict  
Management**

**Coping  
Strategies**

**Substance  
Abuse  
Support**

**Anxiety**

**Mental  
health**

**Harm  
Reduction**

**DUIs**

**Depression**

**Self Esteem**

**Good  
Listening**

**Counseling**

**Support**

**Family  
Support**

**Parenting**

**Self- Empowerment**

**Hours of  
Availability**

**Mon**

**8:30-4:30**

**Tues**

**8:30-4:30**

**Fri**

**8:30-4:30**



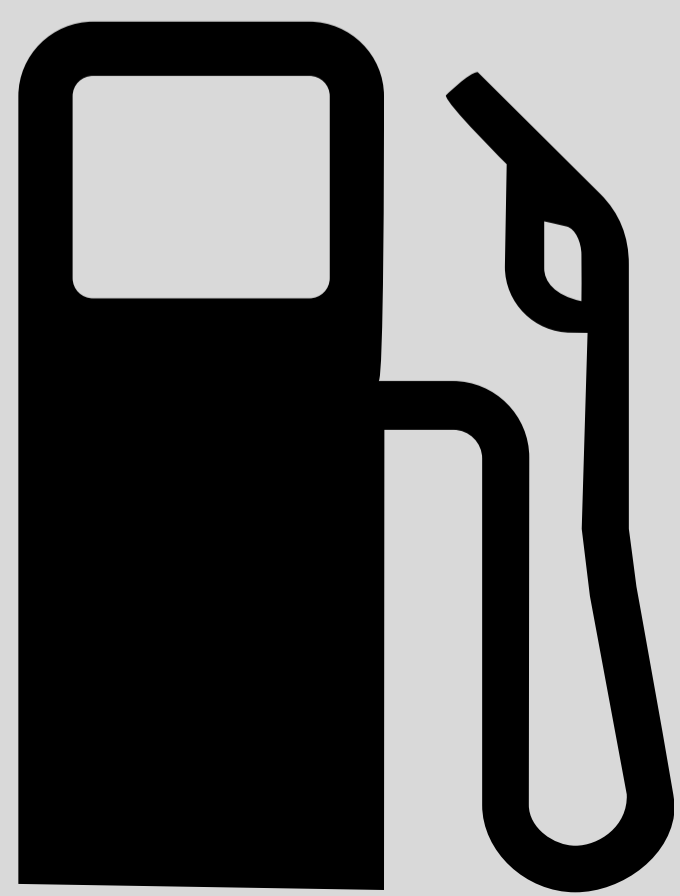
# Uncle Buddy's Pumps

Middletown Rancheria Tribal Maintenance  
Scott & Dylan installing the new "Air & Water" Machine.



EST. 2022

## CLASSIC CARS



# PLEASE

# VOTE!

Get a Gift Card for Voting 

- **Help design our new**
- **Wellness Center.**

→  
Scan to take survey



# AUGUST 23RD - 26TH



# JOIN TERA'S ON-CALL GOOD FIRE CREW AS PART OF THE LAKE COUNTY CAL-TREX

## LEARN & BURN!

EARN YOUR FIREFIGHTER TYPE 2  
QUALIFICATIONS AND JOIN OUR CREW TO  
BRING PRESCRIBED FIRE & CULTURAL  
BURNING BACK TO OUR LANDS.



### 3 TRAINING EVENTS

#### FIREFIGHTER TYPE 2 TRAINING

EITHER SEPT. 19-22 OR SEPT. 26-29

#### FIELD TRAINING WEEKENDS

BOTH SEPT. 30-OCT. 2 AND OCT. 15-16

### TRAINING BURNS CONTINUE

### THROUGHOUT THE SEASON

**NOVEMBER 2022 - MARCH 2023**

(ESTIMATED 10-20 DAYS OF LIVE FIRE)

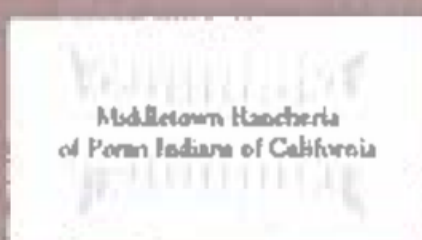
Beginners, non-professionals, and fire professionals are all welcome.

\$10 Registration Fee. Stipends Available for Tribal Members.

For More Info & To Register

Visit [WWW.TRIBALECORESTORATION.ORG](http://WWW.TRIBALECORESTORATION.ORG)

or call 707-278-8019





Middletown Rancheria  
of Pomo Indians of California

MIDDLETOWN RANCHERIA  
&  
TWIN PINE CASINO & HOTEL



# INDIAN DAY CELEBRATION

**SATURDAY, SEPT. 17TH**

**NOON-5:00 PM**

ENRICH YOURSELF IN THIS CULTURAL EXPERIENCE



TRADITIONAL  
DANCE GROUPS



COMPLIMENTARY  
NATIVE CUISINE

*(while supplies last)*



HANDMADE  
CRAFTS



FUN KIDS  
ACTIVITIES

